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The Illuminating Sessions

Programme Development Plan

A session by PYPC Humera Riyaz

A session on IB PYP's Programme Development Plan was conducted on September 4. The session was conducted virtually by PYP Coordinator, Humera Riyaz.

It was an introductory session to make teachers understand the importance of this IB PYP Enhancement Plan.

The main purpose of PDP is to establish an ongoing evaluation process where IB evaluators and school communities come together to identify and discuss the areas of improvement, setting up goals and taking actions to achieve those goals collectively over a period of four years.

In the session, it was suggested to identify your school's needs, go easy and pick up a few but specific and clear goals to be achieved. That should be followed by planning doable steps and actions in that direction with a well defined time-line. She mentioned that it is ideal to set up a plan B or even C to achieve those goals. In

case an improvement is not observed after the decided time, the reasons could be looked into and switching to next Plan B or C can be considered.

The idea was further clarified with a hands-on presentation, where the advanced IB Standards and Practices were shared and the teachers were asked to collaborate and identify two to three areas which need more focus in the next four year's plan. Then the group went on to brainstorm the possible actions that this plan would entail.

The session was quite interactive as teachers actively discussed the pros and cons of action plans. In the end, it was decided that more sessions on PDP will be welcomed, in order to understand the philosophy and process of this continuous evaluation process.

Amna Jabeen
HRT, Grade 4
Grade Level Coordinator

Acer's International Benchmarking Test Report Reading Workshop @ EPS

IBT is an internationally administered and acknowledged assessment program to compare students' academic profile in different subjects at grade, school, national and global levels. It allows individual as well as group progress to be tracked against international standards. The tests cover English, Mathematics and Science. The assessment programme offers three different platforms to choose from, IBT for schools, IBT@Home for parents and IBT on Demand.

On September 18th 2021, an interactive and informative session was held by Ashtamurthy Kilimangalam, a Language Assessment Specialist from ACER. This illuminating session empow-

ered teachers and stakeholders to understand IB results both as graphic presentations and descriptors to identify the areas needing urgent attention at grade as well as school level. With a mission to create and promote research-based data and knowledge, facilitators at Eastern Public School grabbed this opportunity to use this platform as an external and independent platform to get unbiased feedback for an effective feedforward towards continuous growth and to raise the bars and set new and challenging goals year after year.

Zenab Khan
HRT, Grade 3
Grade Level Coordinator



The Best Project You'll Ever Work on is You

Fit India Freedom Run held for EPSites

**“If you really want to do it, you do it. There are no excuses.” —
Bruce Nauman**

Fit India - Fit EPS- Virtual Run and Fitness Session for Junior School Students was successfully organized by the Department of Physical and Health Education, Eastern Public School.

The concept behind this run and session was “You can run or exercise anytime, anywhere to get fit and strong!”

The event was divided into two sessions. First session was held for students of grade 3 and 5 and the second session was for grades Nursery to Grade 2.

Around 130 students registered and participated in both the sessions and all of them learned and enjoyed running and the importance of fitness in our lives.

The event was inaugurated by senior school Principal Dr. Fraz Ahmed.

This fitness awareness program/ run is under the FIT India Mission (By Ministry of youth affairs and sports GOI) has conceptualized FIT INDIA FREEDOM RUN 2.0 to commemorate the 75th Independence Day - “Azadi Ka Amrit Mahotsav”.

Certificates were issued to all the participants by the FIT India program.

Fit India Freedom Run for Staff

The PE Department of Eastern Public School took the initiative to organize fitness awareness sessions for all the staff in EPS. The session was light and interactive with lots of competitive and fun activities along with fitness tips.

The event was held on 11 September 2021 and was inaugurated by both the school principals.

Health awareness tips and how to warm up without playground and sports resources were given by Mr Faheem Mohd Khan, Head of Physical Education Department.

After the warm-up session, the teachers moved on to competitive activities where they participated in Spoon Race, Balls in the Bucket, Band Chair Competition and Hula Hoop Team Target (Crossing a River Activity).

Winners got exciting prizes!!!

Certificates were given to all the participants (by the Ministry of Youth Affairs and Sports, Government of India).

The prizes were given by Dr Fraz Ahmed and Ms Fozia Mahfooz, Principals of the school.

The participating teachers were very excited as it was time to enjoy classes and beyond other workloads.

“A one-hour workout is 4% of your day. No excuses”.

Faheem Mohd. Khan
HOD, Health & Physical Education





Excellence is not a skill, it is an Attitude

EPS at Microgreens Inter-school Online Competition

During the pandemic the teaching and learning community offered many opportunities and platforms to keep the students spirits high, active and bonded together. One of such wonderful efforts was the competitions, “Emergence”, an online inter-school competition held by DAVPS, Pushpanjali Enclave to give students an opportunity to showcase their learning through different ways of expression such as the Microgreens Event for Class 8th. I was selected and I had to find out whether acid rain affects the growth of microgreens or not. I had performed the experiment at home under the guidance of my science teacher Saba Sultan. In the experiment, I had to grow microgreens in different pots with different quantities of acidic solutions made up of lemon juice and water. The

results were like what I thought, the seedlings that got more quantity of acid or lemon juice did not grow well and the pure water ones were beautifully green! I made a video of my experiment and submitted my work. I was delighted when I got to know that I secured the second position in the Microgreens Event.

It was an event full of learning and I enjoyed it a lot and learnt about the harmful impact of acid rains and water pollution on plant growth. Going forward, I plan to educate more people about this fact and make them realize that it is our duty to prevent conditions that cause acid rains. Let's stop polluting the environment and make the earth a clean and healthy planet for all living things and particularly the 'primary producers'.



Areeba Imran
Student, Grade 8A

The Middle School Inter-Class Spell Bee Competition

Learning a language is the foremost step in the life of a child as it helps him/her to communicate knowledge, information, understanding, opinions and feelings with the world. The school plays a vital role in the language development and acquisition of its students.

The Spell Bee Inter class Event was organised for Grade 9 students on September 22 aimed at creating awareness of the possibilities of using varied words in oral and written expression and to add words to active vocabulary of students.

There were different rounds like choosing the correct spelling, synonyms & antonyms and idiom round.

The objective of the event was to assess as well as enhance - the spelling and literary skills of students by encouraging them to explore the English language, build up their vocabulary and improve their communication and comprehension skills. In-school challenges and competitions are an excellent platform for students' engagement in any subject and field. It is also an endeavour to keep pace with technology, the demand of the new age. The students participated wholeheartedly and sportingly. Goes without saying the winning team was “Over the Moon’ for the successful articulation of their knowledge. skills and aptitude.”



Spell Bee

Ziya Siddique & Afifa Mastura Rab
Student, Grade 9 A

Leadership is about Vision, not Power



Students choose their leaders - Student Council Election

The student council election process for the school captain and vice-captain was successfully completed this month. The students of classes 11 and 12 enrolled themselves for the post of School Captain and Vice Captain.

The school leadership team scrutinizes the list of candidates on the basis of their past academic performance, discipline, punctuality and sincerity towards the school mission.

After the declaration of the final list the qualified candidates campaigned for 3 days introducing themselves and sharing their manifesto.

The elections were held on September 16 and 17. Grades 6 to 12 students and EPS academic and administrative staff were eligible to vote for captain and vice-captain. The competition was very tough and the margin of victory was very small. The result was declared on the same day after very careful counting and tally.

Samiya Khan from Grade 12 was declared the school captain and Aleena Ali Khan from Grade 11 was voted as vice-captain. Both well-deserved victories. The Investiture Ceremony for the student council will take place soon.

We wish them good luck for the future!!!

Faheem Mohd. Khan
HOD, Health & Physical Education

In the Words of Leaders....

It's widely quoted by our beloved Prophet Mohammed SAW that even when three people are on a journey, let them put one of them in command. The purpose behind this wisdom is to ensure that our collective time, talent and energy is utilized in one, positive direction and not wasted in a fragmented manner.

The leader is entrusted to lead a group and is accountable to both the group and to Allah. Being a part of EPS and carrying the title of IB Alumni, it's a matter of immense honour for me. And being chosen as the school captain of such an ostensive institution is the brightest and tallest feather in my cap.

I would like to extend my heartfelt gratitude to the school chairperson Mansoor Sir, school principal Fraz Sir, my respected teachers, equally committed non-teaching staff and my dear classmates and juniors who stood with me and helped me achieve this position.

Life gives us tremendous experiences. Coming from a missionary school to an IB and Islamic School and groomed in such an environment has been a wonderful and enriching experience. The school captain is indeed a tough role to hold but challenging situations are a part of our life as it is very rightly said that "A smooth sea never makes a skilful sailor". So everything seems difficult unless we conquer it.

Well-aligned with our IB plus Islamic learner profiles, I firmly believe that we can set new benchmarks in all areas of the school life, whether it is academics, cultural, sport or social work. In the light of the Prophetic guidance, it is imperative that we work together and act as one, while importantly still maintaining our own individuality and special characteristics.

Let's work together to fully eliminate petty things like schoolyard gossip, unhealthy competition, and highly unethical and un-Islamic feelings of envy. In our lives both inside and outside our beautiful campus, let's not even give those trivial things any air to breathe. Instead, let's ensure that we never settle for underachievement, for taking the easy road, and not developing ourselves enough to make a real difference in this world.

So with full zeal and zest, I look forward to working with my utmost dedication for the Mission-EPS in the light of IB and Islamic Learner Profiles and make EPS reach a zenith of success. Insha'Allah.

Samiya Khan
School Captain
Grade 12, Cohort 2022

“A leader is the one who knows the path, shows the path and walks the path.”

I have fallen short of words to express my gratitude for the prestigious opportunity I have received of being elected as the vice-captain to serve my school. Many thanks to my respected teachers and to all my dearest schoolmates for electing me as the school vice-captain for the year 2021 - 22.

Indeed I am humbly grateful to you all for the love and support and of course to Almighty Allah for such an elevation of responsibilities. Dear all, as these are difficult Covid-19 times, I assure the school admin, teachers and my schoolmates, to work to the best of my abilities to fulfill their expectations and aspirations, in the discharge of my duties and responsibilities as the school vice-captain.

A leader is surely not a leader without team and support. Therefore, I humbly request you all to please continue to support me as you have done till now, to enable me to succeed in our endeavours so that I can serve my teachers, schoolmates and my beloved school. I am looking forward to taking EPS to another level with the cooperation of all.

Aleena Ali Khan
School Vice Captain
Grade 11, Cohort 2023

School Captain

School Vice Captain

