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# The Insight

MONTHLY EPS NEWSLETTER

**JULY 21**

issue - 52

*Distance Learning*



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Newsletter Editor

VISIT > THINK > SELECT

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# The Illuminating Sessions

## Live Session with Community Helpers

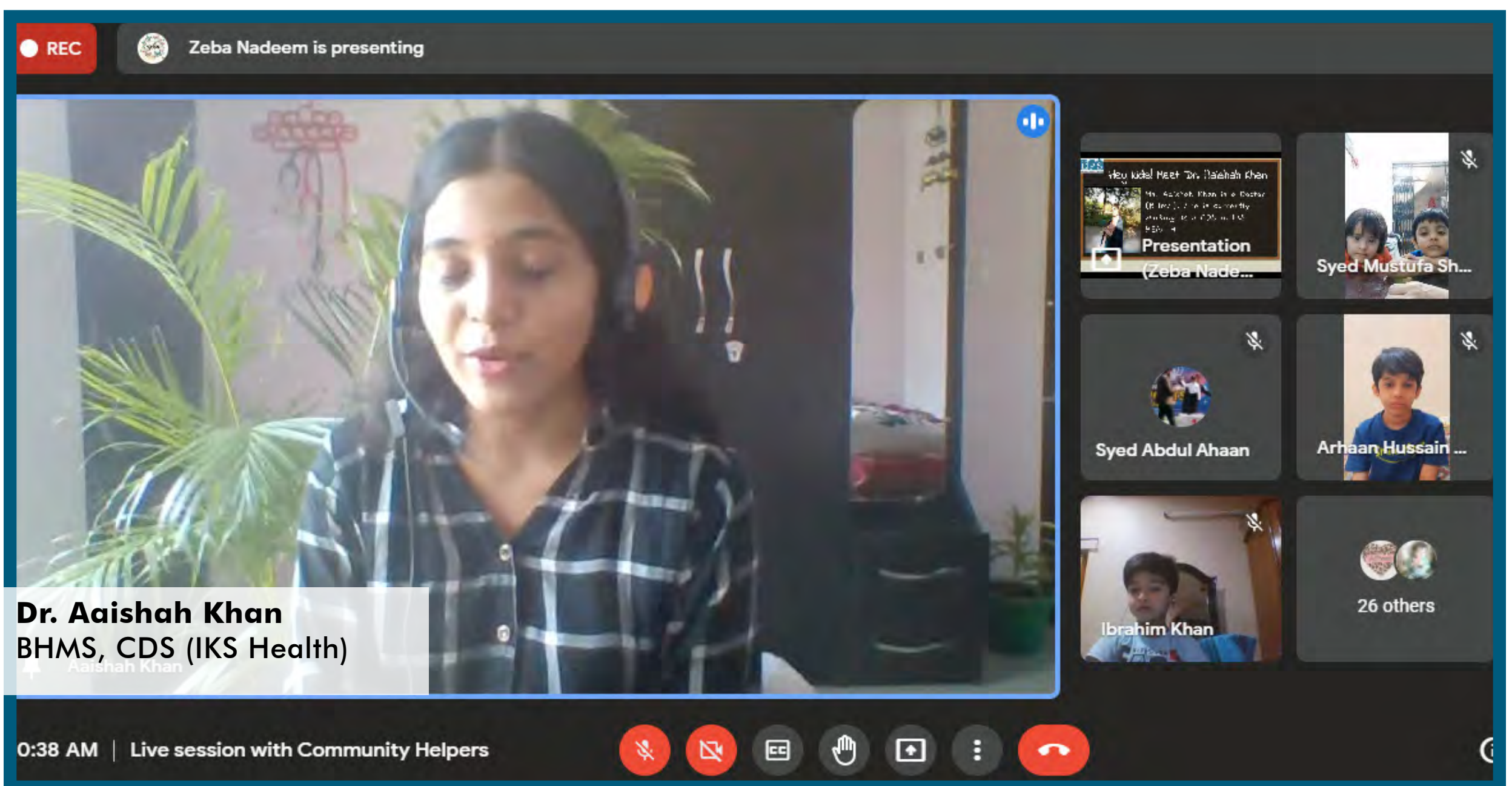
The first graders of EPS learned about the importance of community helpers and how they help to shape up our community for better.

A live session with community helpers for students was held on July 13. The students were provided with a chance to enhance their knowledge and explore a better understanding about community helpers. The event was organised online on the platform provided by Google meet.

Guest speakers from different professional backgrounds were invited to interact and brief the students about their way of helping the community. The speakers explained their responsibilities well and their ways of fulfilling them. The little kids were given a chance to enquire more about their occupations. Enthusiasm of our kids as well as the speakers were a sight to see. The kids had a lot of queries which were very well cleared by guest speakers.

The students prepared a thank-you card for the guest speakers which gave our guests immense pleasure. The session came out to be a huge success.

**Zeba Nadeem**  
HRT, Grade 1





# The Illuminating Sessions

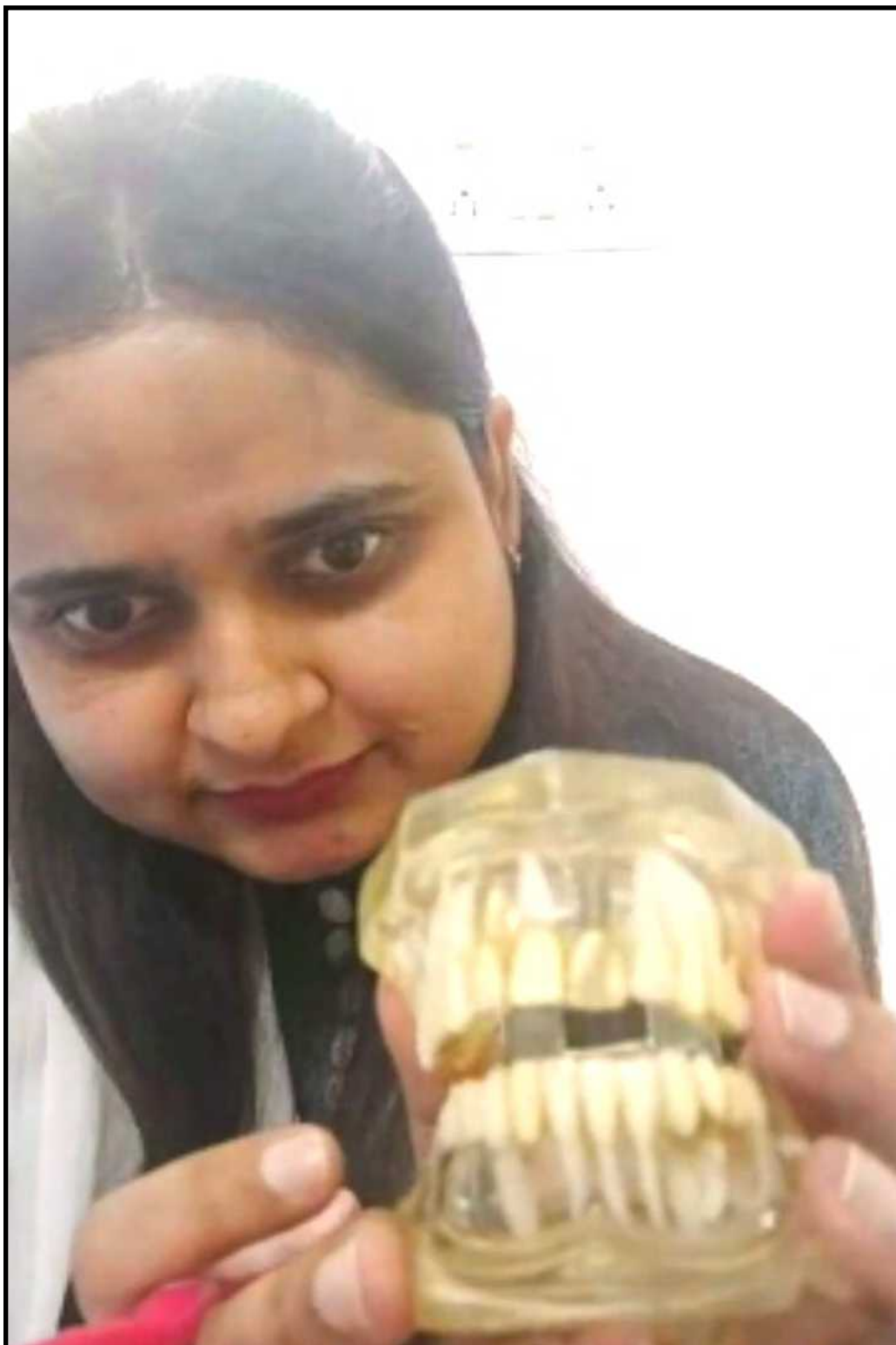
## EPSites learned a healthy way of life - Health experts interact in Grade 2

**H**ealth is a necessary condition for the preservation of life. The Prophet says, “Second to faith, no one has ever given a greater blessing than health.” As part of their unit of inquiry, the students of Grade II had the opportunity to interact with the best health care experts from Bhopal- Dr. Syed Umair, an Eye Specialist, and Dr. Shanveer Siddiqui, a Dentist, to learn about “Our responsibility towards our body.”

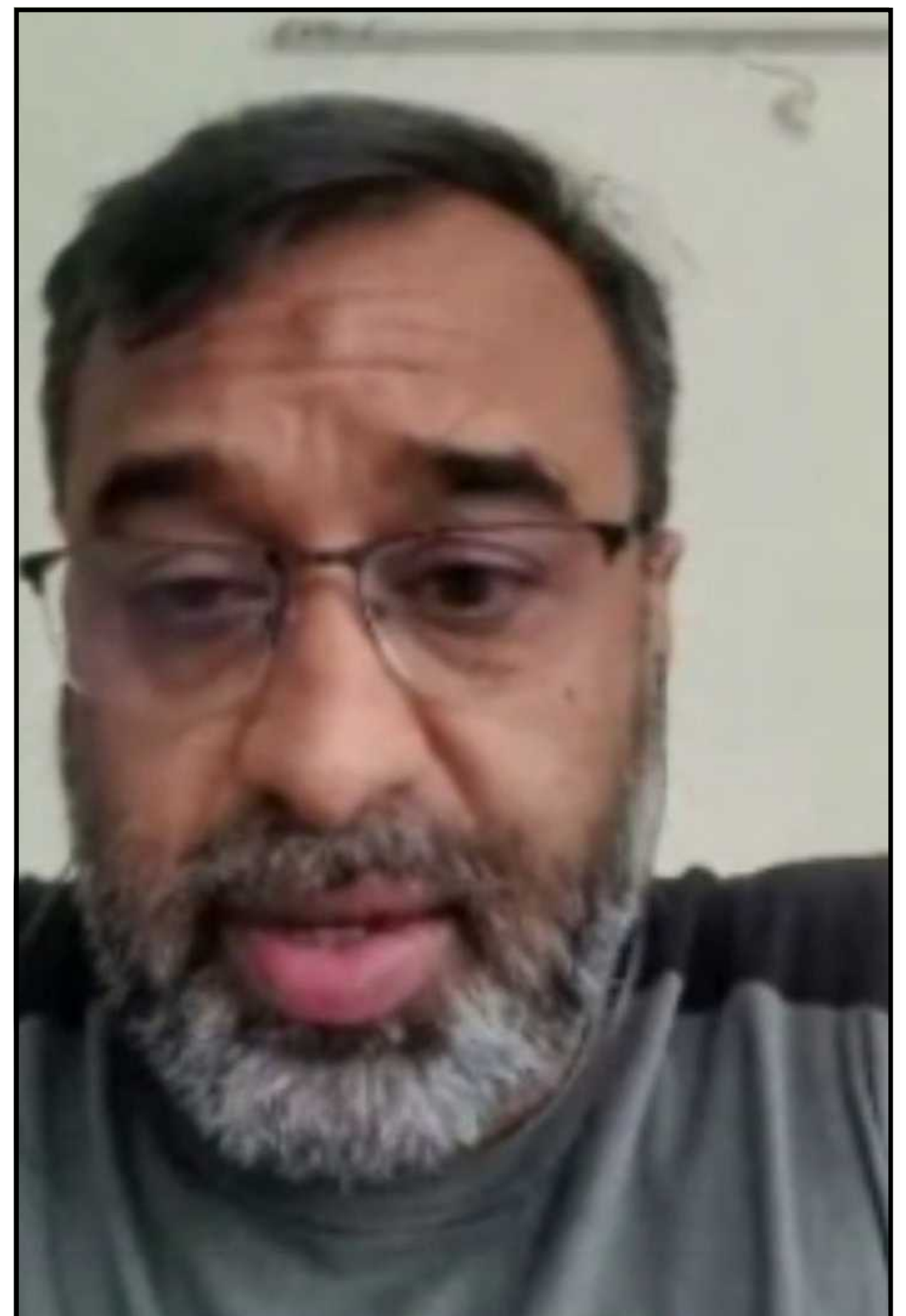
Dr. Umair advised students on how to take care of their eyes especially during this pandemic. He stressed the importance of diet and even shared some exercise for the eyes. Dr. Shanveer helped students understand how to maintain dental hygiene with some simple tips and a fun exercise.

Students interacted with enthusiasm and expressed heartfelt gratitude to the Guests for enriching their knowledge through handmade thank-you cards.

**Sahla Masood**  
HRT, Grade 2



**Dr. Shanveer Siddiqui**  
Dentist



**Dr. Syed Umair**  
Eye Specialist



# The Illuminating Sessions

## Little EPSites nurturing self - An expert talk organised for EY students on Wellbeing

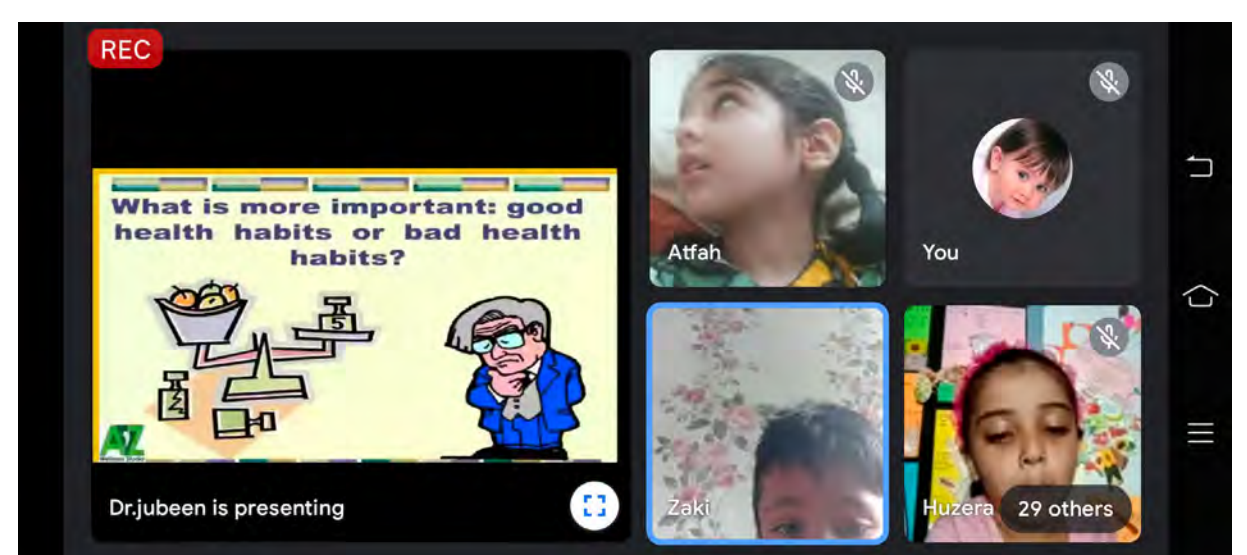
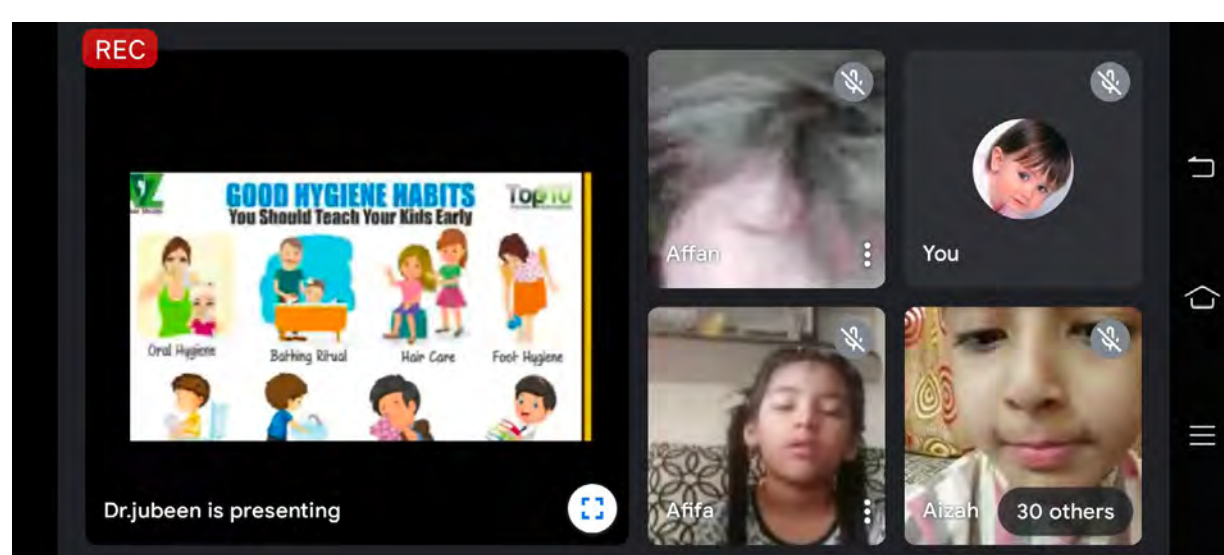
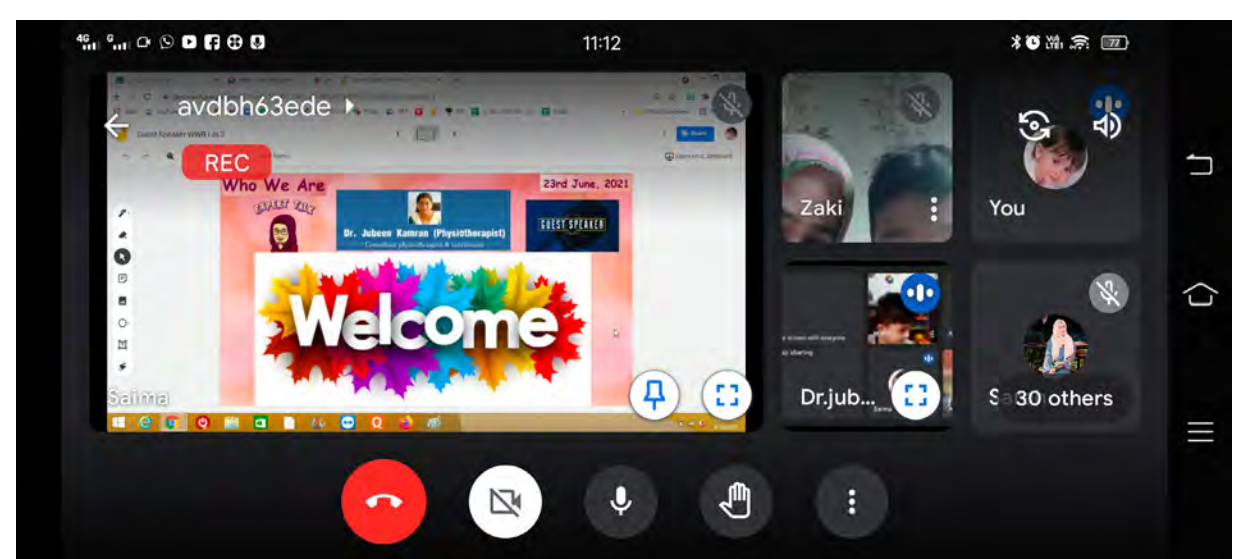
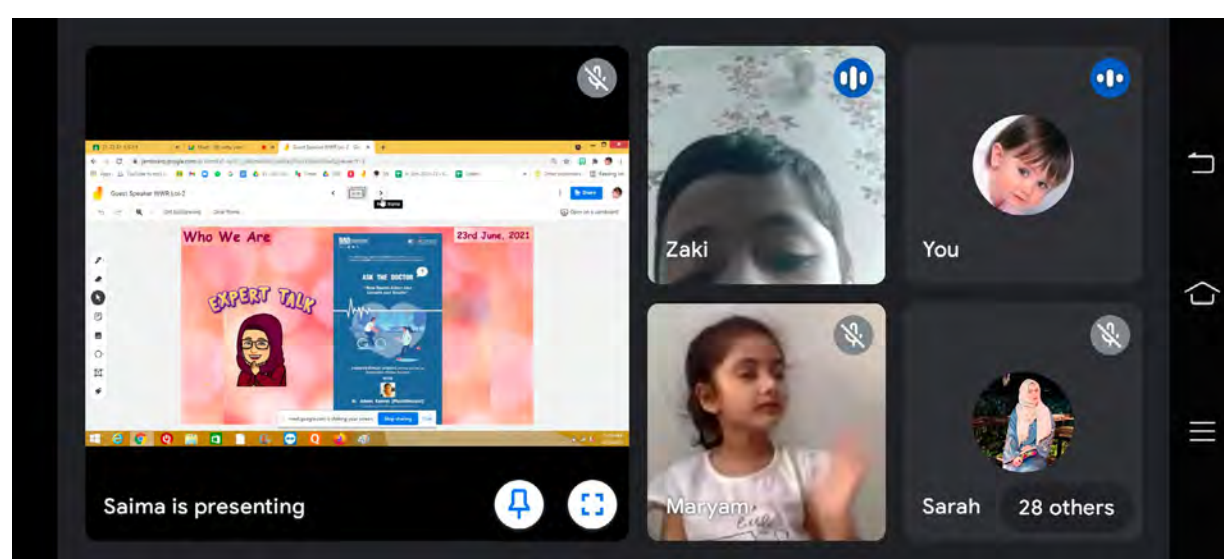
The KG II students are inquiring into ‘Who We Are’, focusing on the nature of self, personal and physical health and wellbeing. As part of this inquiry and to understand ‘How Habits Affect Our Growth and Health’, a session ‘Ask the Doctor’ was organised virtually on June 23.

Our guest speaker, Dr. Jubeen Kamran, a consultant physiotherapist and nutritionist, interacted with the young EPSites and helped the young learners to have a deeper understanding of the line of inquiry and related concepts. She helped to establish an understanding about wellbeing in their curious minds.

During the session, she talked about habits, how it affects personal and physical growth. She gave some useful lifestyle tips to the young learners. She encouraged them to follow healthy habits in daily life and spread awareness about the same.

The session was very informative and engaging as it motivated the learners to reflect on their lifestyle, take responsibility for personal wellbeing.

**Saima Arham**  
HRT, KG 2





To be Surprised, To Wonder,  
is to begin, to understand

## Virtual Parents Orientation Programme held at EPS

*“At the end of the day, the most overwhelming key to a child’s success is the positive involvement of parents .”*

Parents are the prime educators until the child starts school. Their engagement in school improves student achievement, reduces absenteeism, and restores parents’ confidence in their children’s education. EPSites recognizes parents as important stakeholders, to build a strong community of learners as it has always been our top priority to highlight the importance of building a parent-school partnership in the process of student learning.

Thus to increase parent participation in their child’s formal education life, a Parent Orientation Programme was organized on Saturday, for EY and Grade I and Monday for Grade II to V. The aim was to familiarize the parents as ‘partners in progress with the curriculum, rules, and regulations of the school, teaching methodologies and the co-scholastic activities.

The session started with an overview of the Islamic Studies program by the Chairman of school Mansoor Durrani. He stressed the Islamic learner profiles and IB learner profiles highlighting the ‘middle E’ of EPS i.e. Ethics.

It was followed by the formal introduction by Junior school principal Fozia Mehfooz. The Junior School Principal talked about the bond between school and parents. She also stressed Ethics and the way we develop it among children, making them international-minded individuals.

Later, PYP coordinator Humera Riyaz briefed them about the Primary Years Programme. To make parents familiar with the school policies, its operational functioning, processes, communication systems and techniques of learning, a breakout session was conducted by Grade level coordinators and Home Room Teachers.

These interactive sessions helped parents to connect with their child’s learning experiences, thereby providing an insight into their role as a parent to support their child’s education. Parents reflected on the impact of teaching, learning and assessment practices implemented in school. The orientation program ended on a good note intending to grow our children into happy, skillful, and creatively well-adjusted citizens.

**Afreen Zaheer**  
HRT, Grade 1





## #EPS CARES

### Ask The Doctor

*“The most beloved people to ALLAH are those who are most beneficial to people.”*

**A**s a first step towards another contemporary initiative, “EPS CARES”, Team EPS organised an online interactive awareness session for the entire EPS family on “The Third Wave of Corona and its Impact on Young Kids”.

Dr. Syed Mohammad Ausim was our guest speaker for the session. He is an experienced critical care specialist and has been one of the front-line warriors in the city, in the fight against Covid 19.

The session was organised through Facebook Live streaming to reach out to each and every member of the EPS family.

To begin with the session, Dr. Ausim first talked about Covid 19 and its impact. Then he explained about the precautions to be taken. Afterwards, he highlighted the importance of vaccination. During the entire session, he maintained an optimistic approach and suggested the audience to take precautionary measures.

At the end of the session, the expert talked about myths related to Covid 19 and its vaccination.

The initiative taken by the school was appreciated by the audience.

**Sana Azeem**  
HR





Tell me & I forget, Teach me & I remember,  
Involve me & I learn

## Art is an expression of a lifestyle - Mandala workshop conducted for grade 5 students

Today more than ever, students must know, understand the beauty of diversity in cultures. Art forms have a fundamental role in giving them this learning opportunity. Being a universal language, visual art can be used to link local and global issues as well as deepen understanding of cultures. It helps in the development and enhancement of international-mindedness.

Students of grade 5 were allowed to explore different local and global art forms from around the world under the current Unit of inquiry , ‘How we express ourselves’. A Mandala workshop was organised for the students.

Expert Mandala artist and IB PYP educator, Faiza Siddiqui was invited to conduct a three-day workshop. The students enthusiastically participated and learned about the history of Mandala painting. Faiza shared important tips and tricks about how to create beautiful Mandala designs. A workshop made the students understand the relationship between art and culture.

Inquiring into the arts can help students develop agency, skills and the IB learner profile. Through the arts, students have direct hands-on experience with the enormous hidden treasure behind cultural heritage. By the end of the workshop, children expressed their learning confidently which was visible in each of their three different Mandala designs and this made them connected to the central idea ‘Different art forms represent the culture of different communities.’

**Saba Iftikhar**  
PYP Art Educator





## Don't Just Fly, Soar High!

### EPSites represented Madhya Pradesh at WWF - India s Model Conference Of Parties 2021 (MCOP 2)

**M**odel Conference of Parties (MCOP 2021) is an opportunity for students across the country to experience how various conventions are formulated to protect our environment and a sustainable future at the COP.

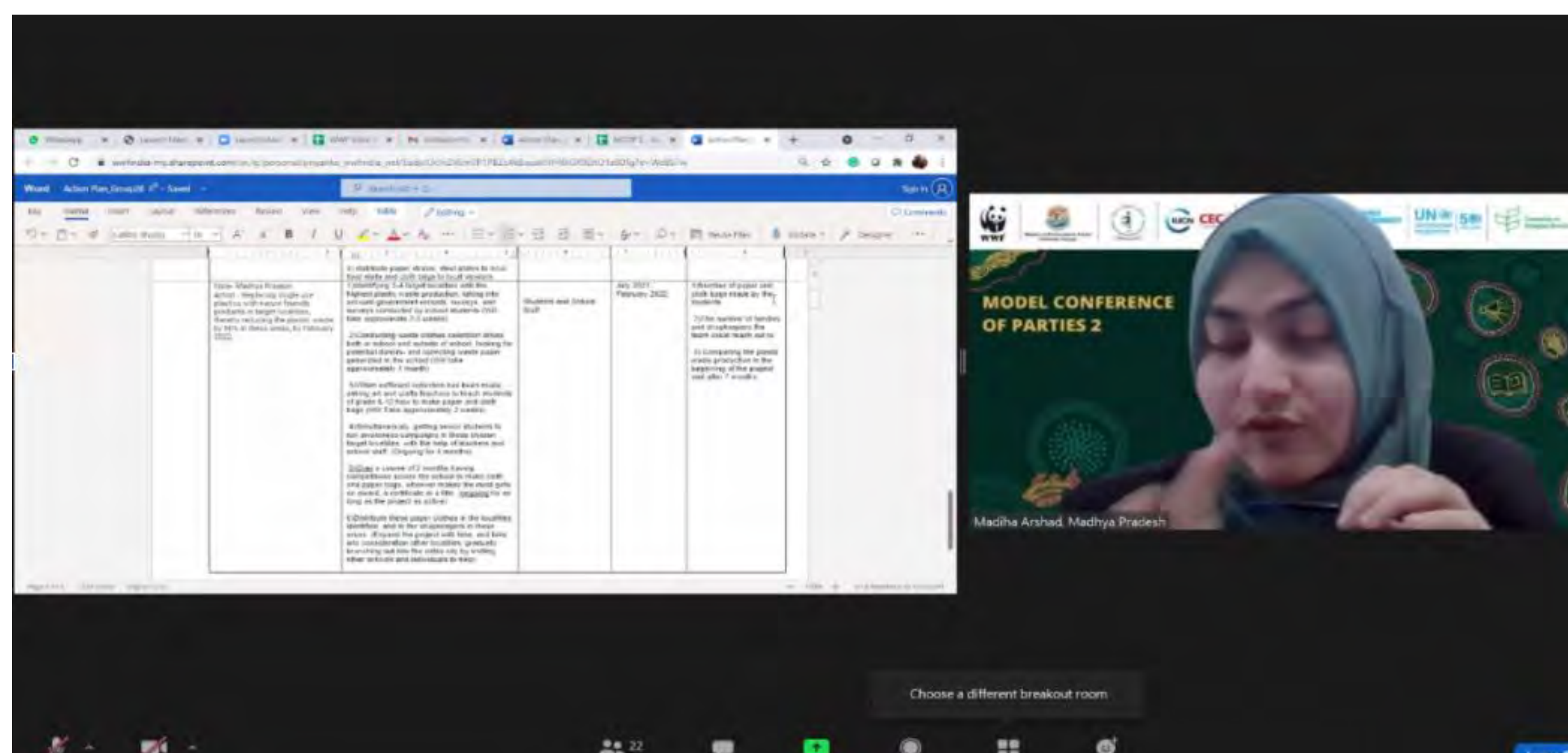
EPSites Madiha Arshad and Tasneem Khan were selected as delegates in the Model conference of Parties 2 (MCoP2), representing Madhya Pradesh. The weeklong conference was held from June 4 to 12.

As many as 70 young delegates from different states learned, deliberated, negotiated, and formulated an action plan for the Conservation. Madiha and Tasneem were a part of the discussion and final implementation of action Plan-A- ‘To reduce, and replace single-use plastics with eco-friendly materials by 2025.’

This conference allowed them to interact with students from all over the country, and find conducive and attainable solutions. Not only that but the students had the opportunity and privilege of learning from experienced experts in the field of biodiversity conservation, such as Sir VB Mathur, Dr. S.Kerkutta who is the advisor of MOEFCC, Chantal Robichaud from Canada, and many more.

“It was truly an enriching experience and was very different from anything that we have experienced before,” shared the students. For four days, we learned about action plans prepared by UNEP, CBD, and other international organizations committed to solving the problems associated with climate change and loss of biodiversity from some of the most learned people in the field. Perhaps the best part of the conference was how committed everyone was to find out solutions. The zeal and enthusiasm gave us hope for a better tomorrow.

**Madiha Arshad**  
**Tasneem Khan**  
Grade 12







# Vantage Point

## Senior School - Challenges & Solutions

There is a famous quote by Rona Minarik “If the challenge exists so must the solution.” EPS is no exception. EPS too have a long list of challenges, but we take these challenges as opportunity to learn and grow together.

1. Fee collection had always been a challenge for us. This year we gave flexibility to parents to deposit the tuition fees on monthly basis instead of quarterly basis. Moreover we also gave six months installment facility to those parents who had difficulty in clearing their last year’s dues.

2. Students’ attendance and participation during the online classes has always been a matter of concern since we started the online classes in April 2020. Hopefully the school will reopen soon which will improve the students’ attendance and participation in the class. This will directly impact the students’ performance as well.

3. Retaining our existing staff during the period of crisis was a challenge. Alhamdulillah most of the staff understand the mission and cooperated with the management during the difficult times when received huge cut in their salaries.

4. Staff and students’ well-being is and always will be our priority. During the pandemic / lockdown we conducted motivational Quranic sessions and other sessions for teachers. For the students, we continued having online Islamic studies, Hifz, Tafseer classes, so that we stay connected with our Rabb.

A large number of new, practical and effective steps are being taken to significantly raise the academic and ethical bars in EPS. To start with, soon we will split the classes in order to lower the student-teacher ratio. This will help teachers to work more closely with the students while adapting their teaching to the specific learning styles. They will also be able to develop healthy one-on-one mentoring relationships and offer better insight and help in ways that would be impossible in a larger classroom. With the help and support of Allah, the staff, the parents and the students those significantly improved results will be seen and experienced by all of us.

**Dr. Fraz Ahmed**  
Senior School Principal

