

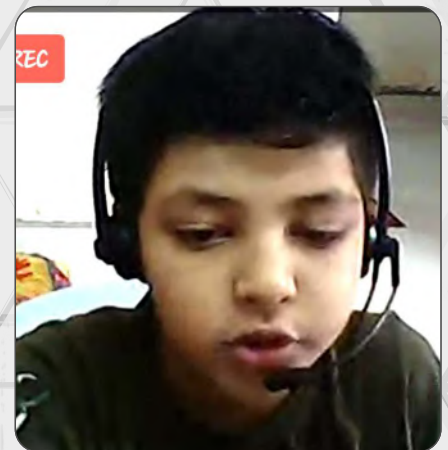
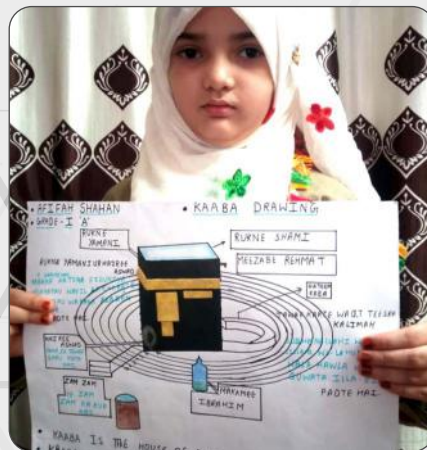
Distance Learning

The Insight

MONTHLY EPS NEWSLETTER

AUG. 2020

ISSUE 51



Virtual hands training on Google Sites held | #NewNormal #SameEnthusiasm- I-Day celebrated in high spirits
| Art Therapy workshop held for young minds | Online Hajj Event 2020 | The Mindful Week



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The Illuminating Sessions

Virtual hands-on training on Google Sites provided

Eastern Public School organized its first Virtual Google Sites - hands-on training for all the teachers. The training session was conducted by Arbina Bano, HRT Grade IV. Teachers from all the departments i.e EY, PYP, MS, and DP including Administration joined this training.

It was all real-time experience as participants were practicing on their devices what they were learning in session simultaneously. The training module started with creating a google site and included all the important points like inserting google apps, widgets, plugins, and more.

During the session, participants learned and experienced the designing and organizing of Google sites. They practiced the ways of making their Google sites more attractive and informative for the viewers. This training was followed by a reflection of participants and

questionnaire rounds. The whole training was very interactive and participants showed enthusiasm in learning all about Google sites. In the end, participants were assigned a task where they needed to share their self created assignments to achieve a certificate on training.

Arbina Bano
HRT, Grade IV

'Tell me and I forget. Teach me and I remember. Involve me and I learn.'
Show and Tell held in Grade 1 on I-Day.

"Show and Tell" is an important part of a child's learning development, as it helps them to organize information and build their confidence. It's also a great way to encourage a child's interest in a particular topic and a chance for children to think outside the box a little.

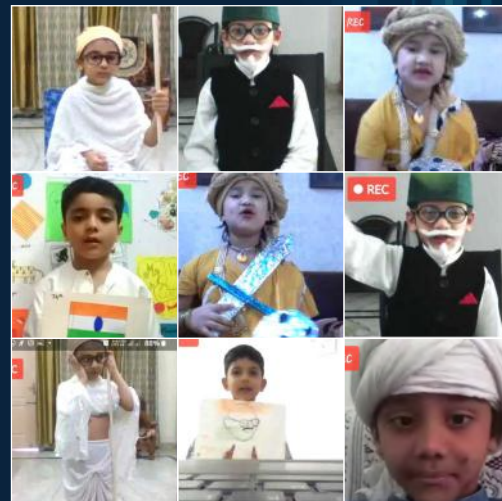
With the aim of providing an opportunity for our children to develop effective communication skills and to build their confidence, an "Online Show and Tell Session" on "Freedom Fighters" was recently organized by Eastern Public School for our first graders on 14th August 2020.

The event was planned under the theme of Incredible India to observe the Independence Day celebration.

In PYP, student's agency plays an important role in their learning as it gives them voice, choice, and ownership. To support this a google form was shared with the students to register themselves as a participant. The students chose their favorite "Freedom Fighter" and were dressed up according to the chosen personality to share with the class. Students were thrilled and participated whole-heartedly in the session. They were full of zeal and showcased their immense talent with confidence.

The students gave their presentations confidently and used the platform effectively to represent their aptitude and flair for English speaking. They used innovative ways to describe personalities with a lot of confidence, facial expression, and voice modulation. It was an enriching experience for everyone. All the participants were awarded the "Certificate of Appreciation" to increase the morale of all the children.

Overall, the show was a spectacular learning experience for the kids!



Saniya Naeem,
PYP ICT Educator

A patriotic virtual trip to Jallianwala Bagh, Amritsar, Punjab.

"Life is all about facing new challenges." By Kostya Tszzy

When learning cannot be stopped by the pandemic, then how can we stop exploring new places? But, unlike every time packing up our bags, tiffins, and all other necessary stuff, we all sat in the comforts of our homes and flew to Punjab.

A day prior to the 'Independence day' our HRT's organized an educational virtual trip for the fifth graders, under the virtual trip series 'Rawangi daal lo!' We began at 12 noon, our HRT's welcomed all of us and Miss Sana, HRT of Grade 5C hosted the trip. She told us about the history of 'Jallianwala Bagh' which is situated in Amritsar, Punjab.

Then we entered it through only a narrow entrance which leads towards a large park where many people can gather easily. We saw deep holes of bullets on huge walls and then suddenly my eyes got stuck to a well. We went near it and it was very deep, as told by our host, during the massacre people jumped in it to save themselves from the open fire. It was very saddening for all of us to know.

For a while, I forgot that it's a virtual trip. I was filled with patriotism and enthusiasm because of the sacrifices made by the 1000's of people for our beloved country, India. After the trip, we attempted the quiz based on it, and like this, we concluded our amazing trip, which I can never forget.

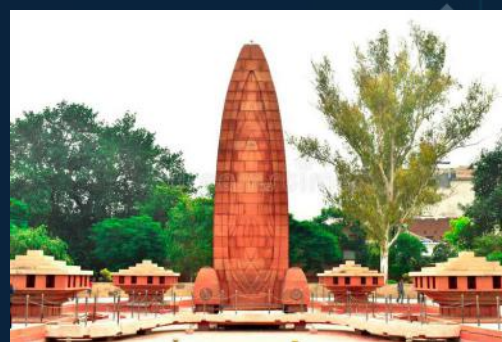
Ayesha Irfan,
Grade V A

Quiz on I-Day was an extravaganza

Independence Day was celebrated in a new way. Our teachers organized an online quiz for all fourth graders. The quiz was really interesting. All the classmates were divided into groups and each group had a group leader. We all collaborated on WhatsApp, prepared ourselves for the quiz, and then appeared for the quiz with great enthusiasm.

The quiz was about our country India, famous monuments and famous people, birds and animals. We played the quiz on the Kahoot app and it was an amazing Independence Day celebration. The best part of the quiz was that it was informational and we worked in a team. our amazing trip, which I can never forget.

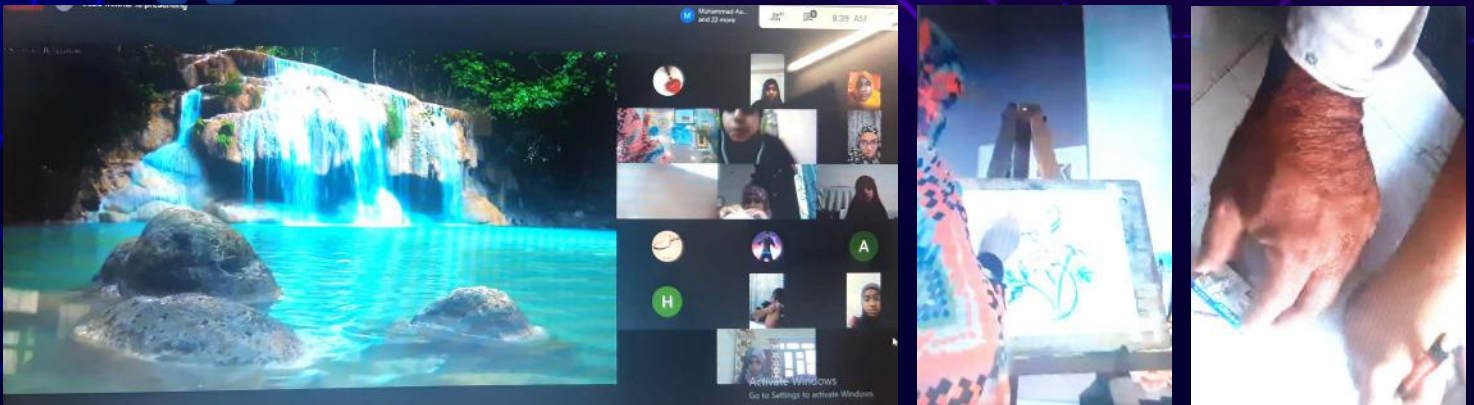
Limra Khan,
Grade IV C



#New Normal # Same Enthusiasm - I-Day celebrated in high spirits

To be surprised, to wonder, is to begin, to understand

Art Therapy workshop held for young minds



The PYP at EPS is known for its vibrant hustle and bustle. In these difficult times when the world is in the middle of fighting a pandemic, and the colours and vibrancy can't be witnessed on campus with Online distance learning: PYP is on toes with interactive live online classes, events, virtual field trips, workshops, expert talks, etc lined up for our curious learners.

On August 19, as part of the Grade 5 Wellbeing art integration, the first-ever Art therapy workshop by Saba Iftikhar was organized for students and parents. They learned how Art in itself is therapeutic

and can help us relax when we are stressed out while it has proved helpful for patients who have gone through traumatic experiences and with mental illnesses like Dyslexia etc.

Students had a chance to experience relaxing doodle making and were thrilled to see a quick yet relaxing demonstration of therapeutic artwork. Their smiles and excitement showed how eager they were to have more such workshops and experiences in the future.

Art Jugalbandi- an extravagant treat for parents and students

As a part of the Art Therapy workshop, the art competition Art Jugalbandi was organized, wherein parents and their children participated as a team. As many as 25 participants were there in the Art Jugalbandi. The judges' Saba Iftikhar, Faiza Siddiqui and Saman Sabir had a look

at the beautiful workpiece. The first prize was bagged by Afifah Hussain and Tarranum Siddique. The second prize was won by Mujtaba Hashmi and Zenab Khan. Zerah Ahmed and Saima Khan, Ahmad Khan, and AA Khan won third prize respectively. Besides, Ayesha Irfan won the appreciation award. .

Saba Iftikhar
Artist and IB Visual arts educator

...And the parent says

The competition was superb, we enjoyed it a lot. It was a great opportunity for a child and their parents also. It's much fun to learn with children! Thanks, for inviting us, EPS.

Saima Ahmed,
Mother of Ayesha Irfan, 5 A

Online Hajj Event 2020

Hajj event- a spell-binding experience First ever online Hajj event organised at EPS

The sacred Month of Dhul Hijjah is a time when we all remember the legacy of Prophet Ibrahim (AS).

The journey full of spirituality, to Makkah, the experience of sacrifice, struggle, obedience, intense dua of forgiveness, the feelings of brotherhood and unity and much much more to gain!

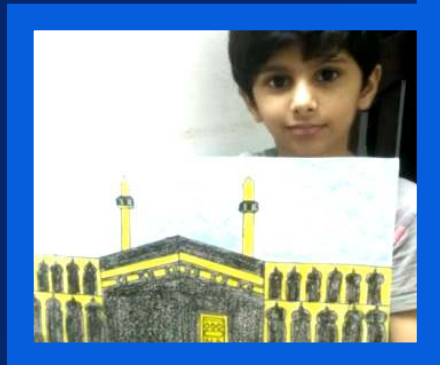
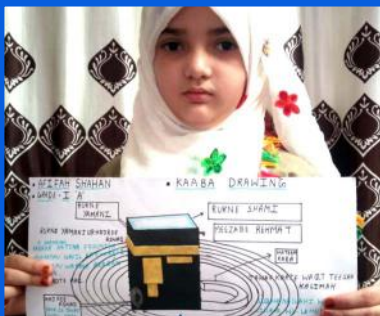
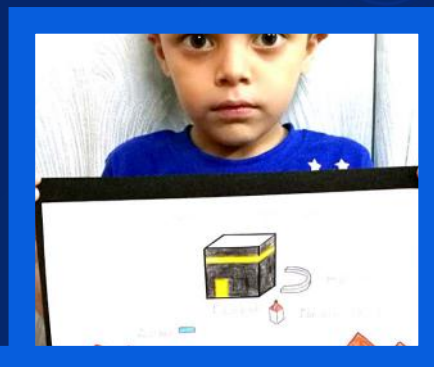
So, once again EPS brought the same learning experience of Hajj to parents and students, not as one of the flagship events of EPS live, but this time reshaped according to the current situation. We could not afford to miss the wonderful learning experiences of Hajj.

For the first time, an **Online Hajj Contest -2020** was conducted by the ISP team for our students and parents. Indeed the enchantment that spread in the beautiful lawn of the school campus was missed a lot. But, the spirit of Dhul Hijjah remained the same.

All the students and parents participated enthusiastically in the contest and our judges' panel took time to come up with fair judgement. The entire event had a grand closure with the Mega Award Ceremony.

I am thankful to Allah SWT, all the parents, and the entire EPS family for making the first ever online Hajj Contest 2020 a huge success.

Arshi Shahab
ISP Coordinator





The 74th Independence Day was celebrated with a lot of fervour at Eastern Public School. Abiding by all the guidelines given by the Government, the national flag was hoisted at school premises by the Head of School Javed Khan. The flag hoisting ceremony was attended by minimum staff members, keeping in view social distancing.

This was followed with the speech by HOS. He also addressed the parents and students online on this occasion.

The Mindful Week

At Grade 5 first-ever online Student Talk was organized- The Pep Talk 2020. The topic was 'Mental Health'. Three students, Zainab Azeem, Mujtaba Hashmi, and M.Khizer were the speakers at Pep Talk.

Notably, it was the wellness week going on in our class. Well, it was not so difficult for us, as we attended the Mental Health Workshop by Ayesha Ali. We were told to be kind to our minds by keeping it safe and being positive in our attitude. Students got a lot of information, which helped us brainstorm well for my pep talk.

I was in front of all, virtually ready to share my perspective about Wellness. I shared, being healthy and fit is not a fad or a trend it is a Lifestyle. Sometimes life can feel empty stressed or challenging.

We have so much going on in our mind, it's easy to feel lonely.

I asked my friends, do they also sometimes feel bored, lonely, or of no worth, and then I shared four

easy and simple tips to help everybody stay healthy and happy.

Even my friends Khizer and Zainab shared thoughtful words with all of us. It was a mesmerizing experience for all of us.

Mohammad Mujtaba Hasan Hashmi
Grade V C

