



# The **Insight**

MONTHLY SCHOOL NEWSLETTER

— SEP. 2018 —

**ISSUE 33**  
EDITOR - MISHKAAT KHAN

## YOUNG INQUIRERS PROMOTING RIGHTS & RESPONSIBILITIES

*"To deny people their human rights is to challenge their very humanity" – Nelson Mandela*

Grade 3 Inquirers are in a full swing to serve community in their own way. Visitors from Child Help Line (Mrs Archana Sahaya – Director ) educated the children about various rights they possess and how to take action against violation of rights by sharing videos and pictures about the condition of children in

the slum which made the children empathetic towards the poor. She even reflected on how to help the victims of violation of rights. Being moved by the lack of awareness prevailing in the society young learners decided to visit Abbas Nagar to do a survey of some families to understand their problems. They showed compassion towards the poor and conducted an awareness program educating the poor about their rights and inspiring them to educate the children by showing them skits in groups and poster display. Some of them worked as reporters to take an interview of the guests. It was catchy to see these young learners on move with their passionate actions.

They did not stop at this level but reflected their responsibility towards Kerala flood by spreading awareness about it and raising funds .They made an anti – bullying squad to fight against bullying in the class, corridors etc. These young inquisitive learners have marked a change and set new benchmarks. They are not only making people aware in school but taking action at home too by educating people about their rights in neighborhood etc.

(Faiza Khan - HRT Grade 3A)



## CAS ADVENTURE CAMP

On 2<sup>nd</sup> September the students of class 9<sup>th</sup>, 11<sup>th</sup> and 12<sup>th</sup> started their 3-day journey to Kalakund Indore. The adventure camp was duly led by supervisors from school and professional instructors. The wide-open campsite with beautiful views and peaceful atmosphere was just the place to find appreciation and awareness of nature. The students took part in various exciting activities that tested their physical abilities and pushed their limits like river crossing, rappelling, rope walking, zipping, night tracking and hiking. **Every day brought a new adventure and a new set of challenges which helped the students fulfil their CAS outcomes and reflect on their strengths and weaknesses.** Students also experienced games that helped them develop numerous skills like collaboration, leadership, critical thinking and many more. **Days filled with experiences and nights with fun** the students learned more about themselves and each other.

(Sidra Khan - Grade: 12)

## INTER HOUSE SWIMMING COMPETITION

Swimming is a sport that teaches the player to be disciplined, confident and of course regular practice improves fitness level. Department of Physical & Health Education at EPS organized an



Inter house swimming competition in the school's swimming pool on 20<sup>th</sup> September 2018 for boys and girls of classes from 1-12 in which the students from four respective houses participated with great excitement and zest. Swimming is very popular activity amongst the EPsites which resulted in a great atmosphere

with amazing commitment and passion amongst the participants.

The event comprised of the four houses Hazrat Umar, Hazrat Uthman, Hazrat Abu Bakr & Hazrat Ali house battling to win the events to gain the maximum points and medals for their respective houses. The events were conducted in the following categories 30 m freestyle, 60 m freestyle, relays, best time and 50 m under water. Overall first position was secured by yellow House with 3 gold, 2 silver and 3 bronze medals. The students enjoyed a lot in the competition and learned many new skills during the swimming classes.

(Cont.) Before the event there was an interactive session by Islamic studies department and PHE head Faheem Mohd Khan to teach the students "Sportsman spirit" is the spirit of accepting one's success with humility. One of the main advantages of playing any sport is that it teaches us to cope with these failures and disappointments that come our way and to make renewed efforts to achieve success next time.

(Faheem Mohd Khan - HOD PHE)

## EPS FOR KERALA FLOOD RELIEF



We the EPS family has once again proved, that anything and any target can be accomplished if we all work together as a team. Teachers and parents were proud of their children when they saw their deep sense of dedication, sincerity and hard work to help people of Kerala who were struggling to survive in those floods.

This all started by a campaign in the school during lunch breaks, assemblies and events. After a strong campaign we started collecting funds from each and every class. And in just 15 days we collected Rs.58985/- which was an excellent achievement. We handed over that amount to the NGO called 'Habitat for Humanity' and they were stunned to witness the commitment of our students as they had not received such contribution from any school in India. We have proved yet again, that EPS is unique.

May Allah accept our efforts and guide us to extend helping hands for those in need.

(Zehra Ibrahim - Grade 12)

## EY, PYP AND MYP PARENT TEACHER CONFERENCE



On 15th September 2018 our school conducted an effective parent-teacher conference which encouraged family involvement in our classrooms and helped promote positive outcomes. This parent-teacher conference was a great opportunity to share academic progress of students with their parents. This time our school had a paperless reporting where we had chrome books in each class for the parents to be informed about students' strengths, needs, behaviors and learning styles. Teachers discussed about the goals and strategies to support students' learning and issues that may be interfering with our learning and growth. Students requested parents and guardians to contribute for Kerala Relief fund as well which was accomplished enthusiastically by them.

Afifah Hussain - Grade 3B

## SKIT AND NASHEED ASSEMBLY

A lot of people take forgiveness for granted. Whenever forgiving someone is brought up, they may think, "well yeah, I forgive people all the time", but the truth is they aren't recognizing those grudges that they hold in their heart for a long time. So keeping this thought in mind, an assembly on 'Forgiveness' was organized on 19th Sept, 2018 by Grade 8C.

Students explored about forgiveness and its importance in Quran and Sunnah and then they exhibited their understanding during the assembly. They presented a skit related to the events of life where we come across situations where we can and should forgive. Next there was a speech, a beautiful Nasheed - 'Forgive me' and a dua on the same theme.

The assembly was well received by the audience and students beautifully delivered the core message of our school "Give and Forgive". (Educator : Mohammed Aslam - ISP Department)





## ISLAMIC ETIQUETTES OF HEALTHY & BALANCED LIFESTYLE



"A healthy body and mind enable us to perform our daily duties with ease and improve our overall performance as a True Believer."

Islam teaches its followers many etiquette's of eating and living a healthy life. On 10th September 2018 students of grade 2C presented an invigorating assembly where they presented and enacted the Islamic etiquettes of balanced and healthy lifestyle. They shared many insights like Eating in Moderation, Participating in Sports to Strengthen Your Body, Hygiene, Sleep and Salah. In the end students thanked Allah by performing on the nasheed "ALHAMDULILLAH", that Allah SWT has gifted us with a splendidly designed body. HE encourages us to take care of it. Ultimately they succeeded in giving a powerful message on Healthy and Balanced Lifestyle. All staff and students enjoyed the assembly in joyful manner and it also gave them a food for thought. Students concluded the assembly by informing about the major food crops of India in the Incredible India segment!

(Fouzia Asim - HRT Grade 2C)

## محفلِ اردو ادب

پی۔وائی۔پی اردو شعبے میں "محفلِ اردو ادب" کا انعقاد کیا گیا۔ اس تقریب میں طلبانے بڑھ چڑھ کر حصہ لیا اور مختصر ڈراموں، نظموں کی پیش کش میں پرجوش مظاہرہ کیا۔ اس پیش کش میں کئی پیغامات اور نصائح حاضرین تک پہنچائے۔ سب نے اس پیش کش کو بہت پسند کیا اور تالیوں سے طلبا کی حوصلہ افزائی کی۔ اس سے طلبا کی مہارتوں اور صلاحیتوں میں اضافہ ہوا۔

ایم۔وائی۔پی میں بھی اردو تقاریر کا مقابلہ کرایا گیا۔ جس میں درجہ چھٹویں، ساتویں اور آٹھویں کے طلبانے مختلف عنوانات پر اظہارِ خیال کیا۔ ساتویں درجہ کے طلبانے صحت مند غذا اور صاف صفائی کے متعلق چھوٹے طلبہ کو واقفیت کروائی۔ درجہ آٹھویں کے طلبانے "منشیات، ذاتی اور معاشرتی نقصانات" پر دو ناکہ پیش کئے جس میں اسکول کی باجیوں نے بھی شرکت کی اور ان کو نشہ اور اس سے ہونے والے نقصانات سے واقف کرایا۔

ڈاکٹر یاسمین عارف، صفیہ عارف، سید سالک علی، اسامہ ودی۔

